











Corinthian Daycare under two menu- Week One






MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Meatballs</p> <p>Choose from either a beef or Quorn meatballs served in a tomato & basil sauce with pasta and broccoli</p>	<p>Salmon with a Garlic and herb mash</p> <p>Oven baked salmon served with a garlic and herb mash with a pea puree</p> 	 <p>Chilli & Rice</p> <p>Choose from either mince beef or Quorn cooked with onions, mild chilli, red peppers, carrots and served with rice</p>	<p>Chicken Arrabiata</p> <p>Choose from diced chicken or Quorn pieces cooked in a tomato sauce and mixed with pasta, served with broccoli and garlic bread</p> 	 <p>Fish & Chips</p> <p>Homemade fish cake baked in the oven and served with diced potatoes and peas</p>
<p>Dessert</p> <p>Natural Yogurt and Fruit are available daily along with the dessert of the day</p>				
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
<p>Drink</p> <p>Milk or water will be available daily</p>				

Corinthian Daycare under two menu - Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><i>Fish Curry</i></p> <p><i>Choose from a steamed fillet of fish or Quorn pieces cooked with onions, garlic, mild spices and coconut milk and served on a bed of rice with Naan bread</i></p> 	 <p style="text-align: center;"><i>Bolognaise Pasta Bake</i></p> <p><i>Choose from fresh minced beef or Quorn mince cooked in a homemade tomato sauce, mixed with pasta spirals and baked in the oven with cheese</i></p>	<p style="text-align: center;"><i>Steamed Cod</i></p> <p><i>A cod fillet served in a tomato and pepper sauce with couscous and green beans</i></p> 	 <p style="text-align: center;"><i>Chicken with sweet potato mash</i></p> <p><i>Chicken marinated in mild spices served with sweet potato mash and spring vegetables</i></p>	<p style="text-align: center;"><i>Fish & Chips</i></p> <p><i>Homemade fish cake baked in the oven and served with diced potatoes and peas</i></p> 
<p><i>Dessert</i></p> <p><i>Natural Yogurt and Fruit are available daily along with the dessert of the day</i></p>				
<i>Dessert of the day</i>	<i>Dessert of the day</i>	<i>Dessert of the day</i>	<i>Dessert of the day</i>	<i>Dessert of the day</i>
<p><i>Drink</i></p>				

Milk or water will be available daily

Corinthian Daycare under two menu - Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Quesadillas Choose from cheese and tomato or Pepperoni served with sweetcorn and pasta spirals</p> 	 <p>Spaghetti Bolognese Choose from fresh minced beef or Vegimince cooked with onions, garlic, tomatoes, mushrooms and herb, served on a bed of pasta with green beans</p>	<p>Roast Dinner Choose from roast Turkey or Quorn roast, served with roast potatoes, carrots, cabbage</p> 	 <p>Turkey Casserole Turkey or Quorn pieces cooked slowly on the hob with onions, potatoes, tomatoes, herbs and seasoning.</p>	<p>Fish & Chips Homemade fish cake baked in the oven and served with diced potatoes and peas</p> 
<p>Dessert Natural Yogurt and Fruit are available daily along with the dessert of the day</p>				
Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day
<p>Drink Milk or water will be available daily</p>				

